

# Eating With Meaning



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# Wishing Everyone a Happy, Healthy, & Sweet New Year!

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# Come hear the Shofar on Rosh Hashanah



*Chabad is open to all. No reservation required and no charge.  
Children are encouraged to attend and to hear the Shofar.*

The Torah refers to Rosh Hashanah as the “Day of the Shofar Blast.” Since Rosh Hashanah is two days long, hearing the shofar blown during the daytime hours of both of those days, is the main Mitzvah from G-d of the Holiday.

Rosh Hashanah is also called the “Day of Judgement” where G-d judges the New Year. Therefore we listen with intent to the shofar, for its sounding serves to remind us to repent and return to G-d, Who will have mercy upon us, so that we will be judged not culpable on this Day of Judgment.

The different sounds of the Shofar, represent different types of sounds made by someone crying. When we hear someone crying, it awakens our mercy for that person. So too, when G-d hears our Shofar cry, it awakens G-d’s mercy for a healthy, happy and sweet New Year.

*For your convenience Chabad invites you to come for a half hour to hear the Shofar and to recite some prayers, at any of the options listed.*

*Contact your local Chabad to let them know you’re coming and for more information.*



## Rosh Hashanah 5785:

**Day 1: Thursday, October 3**

**Day 2: Friday, October 4**

### Chabad House of RI

360 Hope St, Providence

**Day 1 & 2**

12:00PM & 2:00PM

### Chabad of Southern RI

77 Main St, Wakefield

**Day 1** 11:00AM & 4:00PM

**Day 2** 11:00AM

### Chabad of West Bay

3871 Post Rd, Warwick

**Day 1 & 2**

9:00AM, 11:30AM, & 1:15PM

11:30AM Children's Program

**Day 2**

1:30PM Tashlich

overlooking the water

### Shalom Apartments

1 Shalom Drive, Warwick

**Day 1, 3:30PM**

### Tamarisk Assisted Living

3 Shalom Drive, Warwick

**Day 1, 4:30PM**

**Monday, September 23<sup>rd</sup> 6:30PM**  
at Chabad of West Bay, 3871 Post Rd, Warwick  
RSVP: RabbiWarwick@gmail.com

**Tuesday, September 24<sup>th</sup> 6:30PM**  
at Chabad of Southern RI, 77 Main St. Wakefield  
RSVP: ChabadSRI@gmail.com

**Fashion your very own Shofar from a real animal horn as you learn the entire process from the cooking to the final polishing. \$12 per Shofar – No fee to attend.**

## CHALLAH Bake

Bring unity and inspiration to the New Year, by joining others in the process of kneading and shaping delicious challah, to take home for Shabbat & holidays.

**COVER: \$20 | SPONSOR: \$100**

**Challah Bake OPEN TO ALL**  
**Sunday, September 22, 6:30PM**  
at Chabad of Southern RI  
77 Main St, Wakefield RI  
RSVP to chabadsri@gmail.com

**Women's Challah Bake**  
**Thursday, September 26, 6:30PM**  
at Chabad of West Bay  
3871 Post Rd, Warwick RI  
RSVP to MrsLaufer@gmail.com

**Teen Challah Bake**  
**Sunday, September 22, 6:30PM**  
at Chabad of West Bay  
3871 Post Rd, Warwick RI  
RSVP to RabbiWarwick@gmail.com

For challah bake in Providence, call Michla Laufer 917-531-0056

# Challah

## Why Rosh Hashanah challah is round, not braided.

IT IS CUSTOMARY AND TRADITIONAL TO EAT ROUND CHALLAHS during this time — dipped in honey, of course—because the round shape symbolizes the cycle of life and the crown with which we coronate G-d every year.

To make a braided challah, you take small balls of dough and roll them out into rope-like strands. Then you take as many strands as you can work with — three, four, or six, and braid them together to form one beautiful challah.

This is the concept of unity, the one prerequisite that G-d always demands of His children. Play nicely together, include your little sister, and don't let go of her hand. Unity! On Rosh Hashanah and Yom Kippur, unity shares center stage with individuality.

The High Holidays are a time of personal introspection and soul-searching. We are encouraged to make up a mental balance sheet listing all of our spiritual shortcomings and accomplishments during the past year.

The High Holiday liturgy is inclusive: *"Forgive us for the sins that we have committed."* We are united as one during our prayers.

When we make our Rosh Hashanah challah, we make it round. We take one long, thick rope of dough and wind it around and around, until it has assumed a perfectly smooth, round shape.

Symbolically, we are doing with the dough what we should be doing with our soul: kneading it over and over, round and round, smoothing out all the imperfections and uniting with each other for a sweet New Year.

To learn more, visit: [www.chabad.org/Challah](http://www.chabad.org/Challah)



## Challah Recipe

### INGREDIENTS

2½ lbs. flour  
2 Tbsp. of dried yeast  
2¼ cups warm water  
¾ cups of sugar  
½ cup oil  
1 Tbsp. salt  
2 eggs  
1 egg for glaze

YIELDS 4  
LARGE  
CHALLAHS

.....  
*Recipe divided in half*

1¼ lbs. flour  
1½ Tbsp. of dried yeast  
1 cup warm water  
⅓ cups sugar  
¼ cup oil  
½ Tbsp. salt  
2 eggs

YIELDS 2  
LARGE  
CHALLAHS

### DIRECTIONS

- ▶ Dissolve yeast in ½ of the water with 1 Tablespoon of sugar.
- ▶ Put all ingredients in a bowl (wet & dry) except approximately ⅓ of the flour.
- ▶ Mix, add the rest of the flour and form into a dough, knead until smooth, approximately 10 minutes.
- ▶ Let rise for 1 hour at room temperature.
- ▶ Press it down. Braid into desired shapes and let rise for another 30 minutes.
- ▶ Brush with egg glaze.
- ▶ Sprinkle with sesame seeds then bake at 350° for 30 minutes or until brown.



# September 2024 • Av/Elul 5784

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> כ"ח אב 28 AV	<b>2</b> כ"ט אב 29 AV	<b>3</b> ל' אב 30 AV Rosh Chodesh Elul  In Memory of Leonard Levin Happy Anniversary Evan & Alyson Saltzman	<b>4</b> א' אלול 1 ELUL Rosh Chodesh Elul  In Memory of Harriet Greenfield	<b>5</b> ב' אלול 2 ELUL	<b>6</b> ג' אלול 3 ELUL  In Memory of George Alexander  LIGHT CANDLES AT: 6:50 PM	<b>7</b> ד' אלול 4 ELUL Shoftim  Happy Anniversary Sam & Lillian Mendelowitz In Memory of Joseph Altman  SHABBAT ENDS: 7:50 PM
<b>8</b> ה' אלול 5 ELUL  Happy Birthday Avi B. Efreom	<b>9</b> ו' אלול 6 ELUL	<b>10</b> ז' אלול 7 ELUL  Happy Birthday Alexa Gladstone Mechanic	<b>11</b> ח' אלול 8 ELUL  Happy Birthday Karen Lubin	<b>12</b> ט' אלול 9 ELUL  In Memory of Beatrice Schneider	<b>13</b> י' אלול 10 ELUL  LIGHT CANDLES AT: 6:38 PM	<b>14</b> י"א אלול 11 ELUL Ki Teitzei  Happy Birthday Alaina Coken  SHABBAT ENDS: 7:37 PM
<b>15</b> י"ב אלול 12 ELUL	<b>16</b> י"ג אלול 13 ELUL	<b>17</b> י"ד אלול 14 ELUL  Happy Birthday Cara Cohen Finkel In Memory of Bleama Forman	<b>18</b> ט"ו אלול 15 ELUL  In Memory of Sidney G. Altman	<b>19</b> ט"ז אלול 16 ELUL  In Memory of Rakhil Lakhovskiy	<b>20</b> י"ז אלול 17 ELUL  LIGHT CANDLES AT: 6:25 PM	<b>21</b> י"ח אלול 18 ELUL Ki Tavo Chai Elul  Happy Anniversary Gary and Debra Mann  SHABBAT ENDS: 7:25 PM
<b>22</b> י"ט אלול 19 ELUL	<b>23</b> כ' אלול 20 ELUL	<b>24</b> כ"א אלול 21 ELUL	<b>25</b> כ"ב אלול 22 ELUL  Happy Anniversary Andrea & Caleb Gladstone In Memory of Stanley Morse	<b>26</b> כ"ג אלול 23 ELUL  Happy Birthday Caleb Gladstone In Memory of Myron T Winoker	<b>27</b> כ"ד אלול 24 ELUL  In Memory of Hannah Stern  LIGHT CANDLES AT: 6:13 PM	<b>28</b> כ"ה אלול 25 ELUL Nitzavim-Vayelekh  SHABBAT ENDS: 7:13 PM
<b>29</b> כ"ו אלול 26 ELUL Early Morning Selichos  In Memory of Sara Cohen Klevatt	<b>30</b> כ"ז אלול 27 ELUL  Happy Birthday Chaya Mushka Laufer	 <p><b>LAX &amp; Co.</b> FIERCELY INDEPENDENT, BUT NOT ALONE.</p> <p>3616 Post Road, Warwick RI, 02886 Securities offered through Cadaret, Grant &amp; Co., Inc. Member FINRA/SIPC. Cadaret, Grant and Lax &amp; Co are separate entities.</p> <p><b>RYAN A. LAX</b> President 401-738-7776</p>		<p><b>Nationwide Door to Door Reliable Auto Transportation</b></p>  <p><b>Eric Broomfield</b> 401-270-2993 eric@bslusa.com</p>		


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# Lekach

**Before Yom Kippur, there is a custom to ask for lekach (sweet honey cake) from someone else, typically a relative, or a rabbi. What is the reason for this custom?**

IN CASE IT WAS (G-D FORBID) DECREED IN HEAVEN that during the upcoming year we will need to resort to asking for a handout from others, we request sweet *lekach* now so that this decree should be fulfilled and we won't need to ask for anything else from others during the rest of the year.

Judaism teaches that everything comes from G-d. As such, even a poor person who depends on the largess of others also thanks G-d, who "provides nourishment and sustenance for all." The human benefactor is only an intermediary delivering G-d's blessings.

Despite both parties being aware of this, they may still feel to some degree that this is a transaction between two people, a giver and a receiver. The poor person could feel a bit ashamed, and the giver could feel that he is to some extent giving from his own belongings, which is why the Torah has to stress that the giver should give generously.

Yom Kippur however is a time of year that we feel closer to G-d. Thus, when *lekach* is given on the eve of Yom Kippur, both parties feel that G-d Himself is doing the giving. This reminds us that the "giver" is a mere conduit, and the receiver, too, feels no shame, as he is receiving his "*lekach*" from a messenger of G-d.

May we all merit a year full of an abundance of blessings, a year in which we will have no need to be dependent upon the gifts of mortals, and trust that G-d will provide for all our needs in a dignified manner.

To read more, visit: [www.chabad.org/YomKippur](http://www.chabad.org/YomKippur)



The Chabad Lubavitch Rebbe giving Lekach to Elie Wiesel.

## Honey Cake Recipe

### INGREDIENTS

1 cup of sugar  
1 cup honey  
½ cup oil  
3 eggs  
3 cups of flour  
1 tsp allspice  
½ tsp cinnamon  
2 tsp vanilla  
2 tsp baking powder  
2 tsp baking soda in  
1 cup of prepared coffee

### DIRECTIONS


- Mix eggs & honey.
- Add sugar and oil and mix well.
- Add coffee.
- Add rest of ingredients and mix well.
- Grease 9×13 baking pan.
- Bake on 325° for 55 minutes.



# October 2024 ♦ Elul 5784 / Tishrei 5785

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>We are your IT department</p> <p>www.connekted.com email: info@connekted.com</p> <p>404 Main Street, East Greenwich Rhode Island 02818                      Ph: 401.886.5111 Fax: 401.886.7773</p>	<p><b>1</b> כ"ח אלול 28 ELUL</p>	<p><b>2</b> כ"ט אלול 29 ELUL</p> <p>Erev Rosh Hashanah</p> <p>LIGHT CANDLES AT: 6:05 PM</p>	<p><b>3</b> א' תשרי 1 TISHREI</p> <p>Rosh Hashanah 1</p> <p>In Memory of Wendy Bryna Adler</p> <p>LIGHT HOLIDAY CANDLES AFTER: 7:04 PM</p>	<p><b>4</b> ב' תשרי 2 TISHREI</p> <p>Rosh Hashanah 2</p> <p>Happy Birthday Vicky Bharier &amp; Alanna Horowitz</p> <p>LIGHT CANDLES AT: 6:01 PM</p>	<p><b>5</b> ג' תשרי 3 TISHREI</p> <p>Ha'azinu</p> <p>In Memory of Samuel Glassman</p> <p>SHABBAT ENDS: 7:01 PM</p>	
<p><b>6</b> ד' תשרי 4 TISHREI</p> <p>Fast of Gedalia</p> <p>Happy Birthday Moshe Benyamin Mendelowitz</p> <p>FAST BEGINS: 5:22 AM FAST ENDS: 6:46 PM</p>	<p><b>7</b> ה' תשרי 5 TISHREI</p>	<p><b>8</b> ו' תשרי 6 TISHREI</p> <p>Happy Anniversary Brooke &amp; Todd Delany                      In Memory of Barbara Jacobson</p>	<p><b>9</b> ז' תשרי 7 TISHREI</p>	<p><b>10</b> ח' תשרי 8 TISHREI</p> <p>Happy Birthday Hannah Rebecca Grossman                      In Memory of Milton Winkler</p>	<p><b>11</b> ט' תשרי 9 TISHREI</p> <p>Erev Yom Kippur</p> <p>LIGHT CANDLES AND FAST BEGINS AT: 5:50 PM</p>	<p><b>12</b> י' תשרי 10 TISHREI</p> <p>Yom Kippur Yizkor</p> <p>Happy Birthday Gary Mann</p> <p>FAST ENDS: 6:50 PM</p>
<p><b>13</b> י"א תשרי 11 TISHREI</p>	<p><b>14</b> י"ב תשרי 12 TISHREI</p> <p>Columbus Day</p>	<p><b>15</b> י"ג תשרי 13 TISHREI</p> <p>In Memory of Abbott Nager                      In Memory of Harriet Wishik</p>	<p><b>16</b> י"ד תשרי 14 TISHREI</p> <p>Erev Sukkos</p> <p>In Memory of Maurice Grossman</p> <p>LIGHT CANDLES AT: 5:42 PM</p>	<p><b>17</b> ט"ו תשרי 15 TISHREI</p> <p>Sukkos 1</p> <p>In Memory of Gertrude Adler &amp; Etta Brown</p> <p>LIGHT HOLIDAY CANDLES AFTER: 6:42 PM</p>	<p><b>18</b> ט"ז תשרי 16 TISHREI</p> <p>Sukkos 2</p> <p>LIGHT CANDLES AT: 5:39 PM</p>	<p><b>19</b> י"ז תשרי 17 TISHREI</p> <p>Sukkos 3 Chol Hamoed</p> <p>SHABBAT ENDS: 6:39 PM</p>
<p><b>20</b> י"ח תשרי 18 TISHREI</p> <p>Sukkos 4 Chol Hamoed</p> <p>Happy Birthday Matthew Katz &amp; Debra Seda-Mann                      Happy Anniversary Debby &amp; Herbie Katz                      In Memory of David Forman &amp; Katharine Kitty Coken</p>	<p><b>21</b> י"ט תשרי 19 TISHREI</p> <p>Sukkos 5 Chol Hamoed</p> <p>In Memory of Elaine Feder</p>	<p><b>22</b> כ' תשרי 20 TISHREI</p> <p>Sukkos 6 Chol Hamoed</p>	<p><b>23</b> כ"א תשרי 21 TISHREI</p> <p>Sukkos 7 Hoshana Raba</p> <p>LIGHT CANDLES AT: 5:32 PM</p>	<p><b>24</b> כ"ב תשרי 22 TISHREI</p> <p>Shemini Atzeres Yizkor</p> <p>LIGHT HOLIDAY CANDLES AFTER: 6:32 PM</p>	<p><b>25</b> כ"ג תשרי 23 TISHREI</p> <p>Simchas Torah</p> <p>Happy Birthday Aiden James Saltzman                      In Memory of Paul H. Bazar &amp; Anna Grossman</p> <p>LIGHT CANDLES AT: 5:29 PM</p>	<p><b>26</b> כ"ד תשרי 24 TISHREI</p> <p>Bereshit</p> <p>SHABBAT ENDS: 6:30 PM</p>
<p><b>27</b> כ"ה תשרי 25 TISHREI</p>	<p><b>28</b> כ"ו תשרי 26 TISHREI</p> <p>In Memory of Edith Biener</p>	<p><b>29</b> כ"ז תשרי 27 TISHREI</p>	<p><b>30</b> כ"ח תשרי 28 TISHREI</p> <p>Happy 25th Jay &amp; Jo-Ann                      In Memory of Martin Eisenberg</p>	<p><b>31</b> כ"ט תשרי 29 TISHREI</p> <p>Happy Birthday Quinn Mann</p>	<p> <b>Music Lessons</b>                      clarinet • flute • saxophone                      guitar • mandolin • ukulele                      harmonica • children • adults</p> <p> <b>Fishel Bresler 273-9814</b>                      Breslersmusic@gmail.com</p>	



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**RabbiWarwick@gmail.com**

# Thanksgiving

מוֹדָה אֲנִי לְפָנֶיךָ מֶלֶךְ חַי וְקַיִם, שֶׁהַחַיָּת בִּי נִשְׁמַתִּי בְּחֶמְלָה. רַבָּה אֱמוּנָתְךָ.

*Modeh anee lefanecha melech chai vekayam, she-he-chezarta  
bee nishmatee b'chemla, raba emunatecha.*

*I offer thanks to You, living and eternal King, for You have  
mercifully restored my soul within me; Your faithfulness is great.*

The *Modeh Anee* (“I give thanks”) is a brief Jewish prayer said every morning upon waking. It acknowledges G-d as the eternal King, who returns our soul every morning after sleeping.

In Jewish tradition, these are the first words we utter every morning—while still lying in bed. Our first conscious moments are spent thanking G-d for the gift of life. It doesn't matter what we did yesterday or in the past; nothing can taint these first pure words that sit at our primal consciousness.

Every morning, G-d chooses to return your soul to your body and grant you once again the gift of life—a sure sign that there's a little dark corner left in this world for you to come and illuminate. G-d trusts that you are up to the task. Now verbalize it with the *Modeh Anee* prayer.

To read more, visit: [www.chabad.org/547181](http://www.chabad.org/547181)



ART BY PERETZ SCHUMKLER

## Sweet Potato Pie

### INGREDIENTS

2 cups mashed sweet potato  
or butternut squash or pumpkin  
3 large eggs  
¾ cup of vegan milk  
½ cup of firmly packed dark  
brown sugar  
½ cup of all-purpose flour  
1 teaspoon ground cinnamon  
½ teaspoon of salt

### DIRECTIONS

- Mix sweet potatoes with spices and sugar, add milk, and eggs and flour. Mix well and pour into pie shells or graham cracker pie shells
- Bake at 350° for 45 minutes.
- Enjoy!





# November 2024 ♦ Tishrei/Cheshvan 5785

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																				
<b>OCTOBER 2024</b> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			<p><i>Yasher koach</i>                      TO THE  <b>CHABAD CHAI CENTER                      OF WEST BAY</b></p> <p>HOWARD BROWN                      MAY-RONNY ZEIDMAN Z"l</p>	 <p><b>LAX &amp; Co.</b>                      FIERCELY INDEPENDENT,                      BUT NOT ALONE.</p> <p>3616 Post Road, Warwick RI, 02886  <small>Securities offered through Cadaret, Grant &amp; Co., Inc. Member FINRA/SIPC. Cadaret, Grant and Lax &amp; Co are separate entities.</small></p> <p><b>RYAN A. LAX</b>                      President                      401-738-7776</p>	<p><b>1</b> ל' תשרי                      30 TISHREI                      Rosh Chodesh                      Cheshvan</p> <p>LIGHT CANDLES AT: 5:19 PM</p>	<p><b>2</b> א' חשוון                      1 CHESHVAN                      Rosh Chodesh                      Cheshvan                      Noah</p> <p>SHABBAT ENDS: 6:21 PM</p>	<p><b>3</b> ב' חשוון                      2 CHESHVAN                      Daylight Savings                      Time Ends</p>	<p><b>4</b> ג' חשוון                      3 CHESHVAN                      Happy Birthday                      Jeffrey Gladstone</p>	<p><b>5</b> ד' חשוון                      4 CHESHVAN</p>	<p><b>6</b> ה' חשוון                      5 CHESHVAN                      In Memory of                      Belle Basha Salk</p>	<p><b>7</b> ו' חשוון                      6 CHESHVAN                      In Memory of                      Leonard Klehr</p>	<p><b>8</b> ז' חשוון                      7 CHESHVAN                      LIGHT CANDLES AT: 4:11 PM</p>	<p><b>9</b> ח' חשוון                      8 CHESHVAN                      Lekh Lekha                      Happy Birthday                      Barry Forman                      In Memory of                      Louis Bharier                      SHABBAT ENDS: 5:14 PM</p>	<p><b>10</b> ט' חשוון                      9 CHESHVAN</p>	<p><b>11</b> י' חשוון                      10 CHESHVAN                      Veterans Day                      Happy Birthday                      Esty Bharier &amp;                      Alison Knasin                      In Memory of                      Edward Feldman                      In Memory of                      Audrey Feldman</p>	<p><b>12</b> י"א חשוון                      11 CHESHVAN                      In Memory of                      Itzie Stein                      In Memory of                      Miriam Zenofsky</p>	<p><b>13</b> י"ב חשוון                      12 CHESHVAN                      In Memory of                      Philip Ribner</p>	<p><b>14</b> י"ג חשוון                      13 CHESHVAN                      Happy Birthday                      Livia Kayte Adler                      Maranhao                      In Memory of                      Roger Bloomberg</p>	<p><b>15</b> י"ד חשוון                      14 CHESHVAN                      Happy Birthday                      Deann Forman                      In Memory of                      Bertha Grossman                      LIGHT CANDLES AT: 4:05 PM</p>	<p><b>16</b> ט"ו חשוון                      15 CHESHVAN                      Vayeira                      SHABBAT ENDS: 5:08 PM</p>	<p><b>17</b> ט"ז חשוון                      16 CHESHVAN                      Happy Birthday                      Sophie Scheraga                      In Memory of                      Harriet Gladstone</p>	<p><b>18</b> י"ז חשוון                      17 CHESHVAN</p>	<p><b>19</b> י"ח חשוון                      18 CHESHVAN                      In Memory of                      Aaron H. Falcofsky</p>	<p><b>20</b> י"ט חשוון                      19 CHESHVAN                      In Memory of                      Gail Coken,                      Jerry Mann-Manekofsky,                      &amp; Theodore Zenofsky</p>	<p><b>21</b> כ' חשוון                      20 CHESHVAN                      Happy Birthday                      Benjamin Nelson                      Happy Birthday                      David Ricard</p>	<p><b>22</b> כ"א חשוון                      21 CHESHVAN                      In Memory of                      Rachel Glick                      LIGHT CANDLES AT: 4:00 PM</p>	<p><b>23</b> כ"ב חשוון                      22 CHESHVAN                      Chayei Sarah                      In Memory of                      Rae Arie Gerstenbluth                      In Memory of                      George Katz                      SHABBAT ENDS: 5:04 PM</p>	<p><b>24</b> כ"ג חשוון                      23 CHESHVAN</p>	<p><b>25</b> כ"ד חשוון                      24 CHESHVAN                      Happy Birthday                      Bluma Bryna Gurary                      In Memory of                      Irving Gabrilowitz</p>	<p><b>26</b> כ"ה חשוון                      25 CHESHVAN                      Happy Birthday                      Brooke Delany                      In Memory of                      Samuel Gerstenbluth,                      Miriam Fabricant Selinker                      &amp; Lillian Abrams</p>	<p><b>27</b> כ"ו חשוון                      26 CHESHVAN                      In Memory of                      George Joseph Klein</p>	<p><b>28</b> כ"ז חשוון                      27 CHESHVAN                      Thanksgiving</p>	<p><b>29</b> כ"ח חשוון                      28 CHESHVAN                      LIGHT CANDLES AT: 3:56 PM</p>	<p><b>30</b> כ"ט חשוון                      29 CHESHVAN                      Toldot                      Happy Birthday                      Ryan Golditch                      In Memory of                      Chaim Bucheister,                      Phyllis Friedman,                      &amp; Louis Leib Salk                      SHABBAT ENDS: 5:02 PM</p>
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# Potato Latkes

**At Chanukah Jews eat foods fried in oil as a remembrance of the miracle of the oil lasting for eight days.**

## The Oil of Torah

WHILE SOME PREFER LATKES AND OTHERS DOUGHNUTS (or *sufganiyot*, as they're known in Hebrew), Jewish custom is to eat oily foods on Chanukah. In addition to commemorating the miracle, the mystics point out that oil represents the esoteric level of the Torah, for oil both penetrates a material through and through, and rises above other substances. Chanukah, especially, is a time when one should increase his learning of the inner level—the “soul”—of the Torah.

During the Chanukah story, the Greeks tried to disconnect the Jews from Torah. It's not that they were against the intellectual, and even moral, teachings of the Torah. They were all for more knowledge. But they could not accept that the Jews viewed the Torah as Divine wisdom that transcends creation.

Thus, the physical battle between the Greeks and the Jews represented a deeper, philosophical controversy—between the rational and the suprarational. It is the “oil of Torah” that penetrates, permeates and illuminates one's whole being, empowering one to transform and illuminate the world.

To read more, visit: [www.chabad.org/chanukah](http://www.chabad.org/chanukah)

[www.chabad.org/kabbala](http://www.chabad.org/kabbala)



## Potato Latkes\*

### INGREDIENTS

4 large potatoes  
½ onion  
2 eggs  
1 tsp. salt  
¼ cup matzo meal  
(or substitute of your choice)  
Oil for frying

### DIRECTIONS

- Grate potatoes and onion on the fine side of a grater, or in a food processor; or put in a blender with a little water.
- Strain grated potatoes and onion through a colander, pressing out excess water.
- Add eggs, flour, and seasoning. Mix well.
- Heat ½ cup oil in a skillet. Lower flame and place 1 large tablespoon batter at a time into hot sizzling oil and fry on one side for approximately 5 minutes until golden brown. Turn over and fry on other side 2 to 3 minutes. Eat and enjoy!

\*Courtesy of Harriet Gladstone OBM



# December 2024 ♦ Cheshvan/Kislev 5785

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> ל' חשוון 30 CHESHVAN Rosh Chodesh Kislev  In Memory of Elinor Mayer & Leo Jacobson	<b>2</b> א' כסלו 1 KISLEV Rosh Chodesh Kislev	<b>3</b> ב' כסלו 2 KISLEV	<b>4</b> ג' כסלו 3 KISLEV	<b>5</b> ד' כסלו 4 KISLEV	<b>6</b> ה' כסלו 5 KISLEV  Happy Birthday Kerry Mia Rose LIGHT CANDLES AT: 3:55 PM	<b>7</b> ו' כסלו 6 KISLEV  Vayeitzei  In Memory of Martin Kalman SHABBAT ENDS: 5:01 PM
<b>8</b> ז' כסלו 7 KISLEV	<b>9</b> ח' כסלו 8 KISLEV  Happy Birthday Shaya Mechanic	<b>10</b> ט' כסלו 9 KISLEV  Happy Birthday Alyson Saltzman In Memory of the birthday of Ruth Jaffa In Memory of Marty Rozbruch	<b>11</b> י' כסלו 10 KISLEV  Happy Birthday Avery Harper Nelson	<b>12</b> י"א כסלו 11 KISLEV  In Memory of Lillian Ribner	<b>13</b> י"ב כסלו 12 KISLEV  Happy Birthday Leah Bharier In Memory of Ethel Tobias LIGHT CANDLES AT: 3:56 PM	<b>14</b> י"ג כסלו 13 KISLEV  Vayishlach  SHABBAT ENDS: 5:02 PM
<b>15</b> י"ד כסלו 14 KISLEV  Happy Birthday Adam M.	<b>16</b> ט"ו כסלו 15 KISLEV  Happy Birthday Avery M In Memory of Stephen Grubman Black	<b>17</b> ט"ז כסלו 16 KISLEV  Happy Birthday Meridith Hossfield	<b>18</b> י"ז כסלו 17 KISLEV	<b>19</b> י"ח כסלו 18 KISLEV	<b>20</b> י"ט כסלו 19 KISLEV  Yud Tes Kislev  LIGHT CANDLES AT: 3:58 PM	<b>21</b> כ' כסלו 20 KISLEV  Vayeishev Happy Bar Mitzvah Nossan Schneur Laufer Happy Birthday Eric M. In Memory of Miriam Feinstein SHABBAT ENDS: 5:05 PM
<b>22</b> כ"א כסלו 21 KISLEV  Happy Birthday Yosef Dov Ber Stuart	<b>23</b> כ"ב כסלו 22 KISLEV  Happy Anniversary Bracha & Yosef Dov Ber Stuart Happy Anniversary Jake & Maria Dwares	<b>24</b> כ"ג כסלו 23 KISLEV  Happy Birthday Lulu	<b>25</b> כ"ד כסלו 24 KISLEV  LIGHT 1 <sup>ST</sup> CHANUKAH CANDLE THIS EVENING AFTER DARK	<b>26</b> כ"ה כסלו 25 KISLEV  Chanukah 1  Happy Birthday Rachel Scheraga	<b>27</b> כ"ו כסלו 26 KISLEV  Chanukah 2  LIGHT CHANUKAH CANDLES BEFORE SHABBAT CANDLES AT: 4:02 PM	<b>28</b> כ"ז כסלו 27 KISLEV  Chanukah 3 Mikeitz  Happy Birthday Michael Mechanic. In Memory of Solomon Eli Selinker SHABBAT ENDS: 5:09 PM
<b>29</b> כ"ח כסלו 28 KISLEV  Chanukah 4	<b>30</b> כ"ט כסלו 29 KISLEV  Chanukah 5  In Memory of Dave Young & Marvin William Lax	<b>31</b> ל' כסלו 30 KISLEV  Chanukah 6 Rosh Chodesh Tevet	Donate Your Car to Chabad Center   For a Mitzvah and a TAX DEDUCTION		<b>FIND YOUR NEXT JOB   BUILD A SUCCESSFUL CAREER BE READY IN CASE OF A JOB LOSS</b> <ul style="list-style-type: none"> <li>• Do you have a resume that properly presents your brand?</li> <li>• Do you have a LinkedIn profile that will get you noticed?</li> <li>• Do you know how to use LinkedIn properly in a job search?</li> <li>• Do you know how to network effectively?</li> <li>• Do you have a strategy for keeping yourself ready should you need to find a new job?</li> </ul> I have helped 100's of people answer yes! Call or email for free 30 minute consultation / coaching session Or use my calendar scheduling app <a href="https://calendly.com/barry-mechanic/30-minute-zoom-call">https://calendly.com/barry-mechanic/30-minute-zoom-call</a> Barry Mechanic, MBA Tel: (401) 285-7292 Job Search Coach barry@mechanicsofbusiness.com	



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## Chanukah Car Parade

Celebrate Chanukah with a parade departing from each Chabad center and traveling to meet at the State House in Providence with the outdoor lighting of a giant menorah.

Contact your local Chabad for date and location to meet.



# Making Shabbat special

with unique foods

KUGELS ARE A MAINSTAY OF SHABBAT MEALS in Ashkenazi Jewish homes. Some Hasidic Jews believe that eating kugel on the Shabbat brings special spiritual blessings.

Shabbat meals hold a special place in Jewish tradition. They're more than just sustenance; they're a way to connect with family, spirituality, and tradition. Here's a glimpse into the significance of Shabbat food:

On Shabbat families rise above daily distractions and focus on higher goals like G-d and family. Three meals are partaken: Friday night, Shabbat lunch, and a lighter meal towards Shabbat's end. These meals allow families to bond and be inspired.

Shabbat meals are lavish. It's a mitzvah (commandment) to indulge in fine wine and tender meat. The traditional multi-course meal includes fish, soup, meat or poultry, and side dishes. Cholent, a slow-cooked casserole, is customary for the lunch meal.

So experience the tradition. Set your table nice nice, light the Shabbat candles before sunset, recite the Kiddush over a cup of kosher wine or grape juice and enjoy a delicious meal with Challah, Kugel and lots more.

Remember, Shabbat meals aren't just about food—they're about creating meaningful moments with loved ones and connecting with G-d, our Creator and our Redeemer.

To learn more, visit: [www.chabad.org/shabbat](http://www.chabad.org/shabbat)



## Potato Kugel

### INGREDIENTS

- 1 onion
- 5 lbs. Idaho potatoes
- 6 eggs
- 1 cup oil
- 1½ cups warm water
- 2 tsp. salt and pepper to taste

### DIRECTIONS

- Mix eggs, oil, water, salt and pepper.
- Process potatoes and onions half grated and half on fine blade in food processor.
- Add remaining ingredients. Mix well.
- Pour into one 9×13 pan, or three 9-inch round trays, and bake at 350° until golden brown



# January 2025 ♦ Tevet/Sh'vat 5785

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<p><b>Architect at Liberty</b></p> <p><b>David Altman, AIA</b></p> <p>Licensed in RI and PA • Graduate of RISD-NCARB, LEED-AP</p> <p><b>DavidAltmanArchitect@gmail.com</b></p>			<p><b>1</b> א' טבת 1 TEVET</p> <p>Chanukah 7 Rosh Chodesh Tevet New Year's Day</p> <p>In Memory of Gladys Kaplan &amp; Harvey Schoenberg</p>	<p><b>2</b> ב' טבת 2 TEVET</p> <p>Chanukah 8</p>	<p><b>3</b> ג' טבת 3 TEVET</p> <p>In Memory of Albert N. Bellin</p> <p>LIGHT CANDLES AT: 4:08 PM</p>	<p><b>4</b> ד' טבת 4 TEVET</p> <p>Vayigash</p> <p>In Memory of Jerome Kaplan</p> <p>SHABBAT ENDS: 5:15 PM</p>																																										
<p><b>5</b> ה' טבת 5 TEVET</p>	<p><b>6</b> ו' טבת 6 TEVET</p>	<p><b>7</b> ז' טבת 7 TEVET</p>	<p><b>8</b> ח' טבת 8 TEVET</p> <p>Happy Birthday Aryeh Leib Laufer</p> <p>In Memory of Libby Goldstein &amp; Estelle Fradin</p>	<p><b>9</b> ט' טבת 9 TEVET</p>	<p><b>10</b> י' טבת 10 TEVET</p> <p>Fast of 10 Tevet</p> <p>In Memory of Betty Altman, Earl J. Resnick, &amp; Lila Cohen</p> <p>FAST BEGINS: 5:39AM FAST ENDS: 5:07PM LIGHT CANDLES AT: 4:15 PM</p>	<p><b>11</b> י"א טבת 11 TEVET</p> <p>Vayechi</p> <p>In Memory of Audrey Feldman</p> <p>SHABBAT ENDS: 5:22 PM</p>																																										
<p><b>12</b> י"ב טבת 12 TEVET</p> <p>In Memory of Bernard Gladstone</p>	<p><b>13</b> י"ג טבת 13 TEVET</p> <p>In Memory of Milton Goldstein &amp; Irving Abrams</p>	<p><b>14</b> י"ד טבת 14 TEVET</p> <p>In Memory of Martin Garber &amp; Paul Feldman</p>	<p><b>15</b> ט"ו טבת 15 TEVET</p> <p>Happy Birthday Menachem Mendel Laufer</p> <p>Happy Anniversary Luke &amp; Alana Roberts</p> <p>In Memory of Charles Tapper</p>	<p><b>16</b> ט"ז טבת 16 TEVET</p>	<p><b>17</b> י"ז טבת 17 TEVET</p> <p>In Memory of Moshe ben Yosef Chorney &amp; Natalie Knasin</p> <p>LIGHT CANDLES AT: 4:23 PM</p>	<p><b>18</b> י"ח טבת 18 TEVET</p> <p>Shemot</p> <p>SHABBAT ENDS: 5:29 PM</p>																																										
<p><b>19</b> י"ט טבת 19 TEVET</p> <p>Happy Birthday Richard A. Saltzman</p> <p>In Memory of Helen Wolfmann</p>	<p><b>20</b> כ' טבת 20 TEVET</p> <p>Martin Luther King Day</p> <p>Happy Birthday Shimon Moshe Laufer</p> <p>In Memory of Ilse Kalman</p>	<p><b>21</b> כ"א טבת 21 TEVET</p> <p>Happy Birthday Gary Levin</p> <p>In Memory of Ruth Bucheister</p>	<p><b>22</b> כ"ב טבת 22 TEVET</p>	<p><b>23</b> כ"ג טבת 23 TEVET</p>	<p><b>24</b> כ"ד טבת 24 TEVET</p> <p>In Memory of Alexander Mendelson</p> <p>LIGHT CANDLES AT: 4:31 PM</p>	<p><b>25</b> כ"ה טבת 25 TEVET</p> <p>Va'eira</p> <p>In Memory of Sheldon Land</p> <p>SHABBAT ENDS: 5:37 PM</p>																																										
<p><b>26</b> כ"ו טבת 26 TEVET</p>	<p><b>27</b> כ"ז טבת 27 TEVET</p> <p>In Memory of Gertrude Aron</p>	<p><b>28</b> כ"ח טבת 28 TEVET</p>	<p><b>29</b> כ"ט טבת 29 TEVET</p> <p>In Memory of Arthur S. Bellin</p>	<p><b>30</b> א' שבט 1 SH'VAT</p> <p>Rosh Chodesh Shvat</p> <p>Happy Birthday Andrea Gladstone &amp; Ross Coken</p> <p>In Memory of Joey Hernandez</p>	<p><b>31</b> ב' שבט 2 SH'VAT</p> <p>In Memory of Debra Mann-Morton</p> <p>LIGHT CANDLES AT: 4:40 PM</p>	<p><b>FEBRUARY 2025</b></p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td></td> </tr> </tbody> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
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# The Jew & the Olive

By Rabbi Lazer Gurkow

The verse in Torah states (*Exodus 27:20*) “And you (Moses) shall command the children of Israel, and they shall take to you pure olive oil, crushed for lighting, to kindle the lamps continually.”

Why must we take our olive oil to Moses?

Olives are a metaphor for the Jewish people. In the words of our sages, just as oil is extracted when the olive is compressed so does the Jew reveal his oil when he is oppressed. Oil refers to the inner resolve of our neshama (soul) that emerges in times of challenge.

## The Wick and the Flame

However, oil alone cannot produce light; it requires a wick and a flame. The wick is the Jew and the flame is G-d's Torah. Moses, as the teacher of Torah, is able to touch the flame to the oil and wick. This is why we, the wick, are instructed to bring our inner resolve, the oil, to Moses, the teacher of Torah.

We are a stubborn nation. When our position is challenged we tend to cling tenaciously. We produce plenty of oil, but without a flame the oil is useless. Our resolve must be inspired by Torah; our fight must be directed by Torah and our loyalty must be exclusively to Torah.

The story of Purim showcased this inner quality. Haman threatened to annihilate the Jewish people. Faced with this challenge, the Jewish people revealed their oil. Mordechai gathered twenty-two thousand children and taught them Torah. They did not cry, they simply studied Torah and committed to live by its teachings. To be sure, Mordechai engaged in diplomatic efforts behind the scenes, but he placed greater faith in the ways of Torah than his diplomacy.

To learn Torah, visit [www.chabad.org/torah](http://www.chabad.org/torah)



Making olive oil the old-fashioned way at Ein Dor Archaeological Museum.

## Olive & Pimento Spread Recipe

### INGREDIENTS

1 jar olives with pimento  
Mayonnaise, according to taste

### DIRECTIONS

- ▶ Use a food processor to crush olives and add desired amount of mayonnaise.
- ▶ Alternatively, you can use an immersion blender



*A super easy dip!*

# February 2025 • Sh'vat 5785

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																	
<b>JANUARY 2025</b> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td></td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>	S	M	T	W	T	F	S			1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		 <p><b>LAX &amp; Co.</b>                  FIERCELY INDEPENDENT,                  BUT NOT ALONE.</p> <p>3616 Post Road, Warwick RI, 02886                  Securities offered through Cadaret, Grant &amp; Co., Inc. Member                  FINRA/SIPC. Cadaret, Grant and Lax &amp; Co are separate entities.</p> <p><b>RYAN A. LAX</b>                  President                  401-738-7776</p>			 <p><b>OceanState                  EyeCare</b></p> <p>1050 Centerville Road, Warwick, RI 02886                  (401) 828-3200</p>		<p><b>1</b> ג' שבט                  3 SH'VAT</p> <p>Bo</p> <p>SHABBAT ENDS: 5:45 PM</p>							
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<p><b>9</b> י"א שבט                  11 SH'VAT</p>	<p><b>10</b> י"ב שבט                  12 SH'VAT</p> <p>In Memory of                  Rose Millman Freedman</p>	<p><b>11</b> י"ג שבט                  13 SH'VAT</p> <p>In Memory of                  Jordan Cohen</p>	<p><b>12</b> י"ד שבט                  14 SH'VAT</p> <p>Happy Birthday                  Chloe Jayne Roberts                  &amp; Adam Feldman</p>	<p><b>13</b> ט"ו שבט                  15 SH'VAT</p> <p>Tu B'Shvat</p>	<p><b>14</b> ט"ז שבט                  16 SH'VAT</p> <p>Happy Birthday                  Eliora Shoshana                  Forman Vidaver                  &amp; Maya Rose Olinsky                  LIGHT CANDLES AT: 4:58 PM</p>	<p><b>15</b> י"ז שבט                  17 SH'VAT</p> <p>Yitro</p> <p>SHABBAT ENDS: 6:02 PM</p>																																																	
<p><b>16</b> י"ח שבט                  18 SH'VAT</p>	<p><b>17</b> י"ט שבט                  19 SH'VAT</p> <p>President's                  Day</p> <p>In Memory of                  the Anniversary of Sumner                  &amp; Estelle Gold                  In Memory of Etta Young</p>	<p><b>18</b> כ' שבט                  20 SH'VAT</p> <p>In Memory of                  Louis H Zoner                  In Memory of                  Max Gold Dwares -                  passed away at age 20</p>	<p><b>19</b> כ"א שבט                  21 SH'VAT</p> <p>Happy Birthday                  David Scheraga                  In Memory of                  William Golditch                  In Memory of                  Steven Klein</p>	<p><b>20</b> כ"ב שבט                  22 SH'VAT</p> <p>In Memory of                  Joyce M. Schreiber Tesler                  LIGHT CANDLES AT: 5:07 PM</p>	<p><b>21</b> כ"ג שבט                  23 SH'VAT</p> <p>In Memory of                  Joshua Daniel Blitzer                  SHABBAT ENDS: 6:10 PM</p>	<p><b>22</b> כ"ד שבט                  24 SH'VAT</p> <p>Mishpatim</p>																																																	
<p><b>23</b> כ"ה שבט                  25 SH'VAT</p> <p>Happy Birthday                  Yael Rut Schoen                  In Memory of                  Joseph Saltzman</p>	<p><b>24</b> כ"ו שבט                  26 SH'VAT</p> <p>In Memory of                  Sherwin Zaidman</p>	<p><b>25</b> כ"ז שבט                  27 SH'VAT</p> <p>In Memory of                  Peter "Pacy" Belovitch</p>	<p><b>26</b> כ"ח שבט                  28 SH'VAT</p>	<p><b>27</b> כ"ט שבט                  29 SH'VAT</p> <p>In Memory of                  Marilyn K. Libman</p>	<p><b>28</b> ל' שבט                  30 SH'VAT</p> <p>Rosh Chodesh                  Adar</p> <p>Happy Anniversary                  Jeanie &amp; Wayne Charness                  LIGHT CANDLES AT: 5:15 PM</p>	<p><b>MARCH 2025</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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Laufer family much blessing and success for  
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Campus Events



Camp Gan Israel



Purim Celebration



Challah Bake



Campus



Chanukah at RI State House



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## The Shabbat & Yom Tov Candles



If you will observe the kindling of the Shabbat lights, you will merit to see the lights of the redemption of the Jewish people.

— MIDRASH

### Blessings for Candle Lighting:

Transliterated: (ch pronounced as in 'Bach' or 'challah')

1. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam ah-sheer kee-d-sha-new b-mitz-vo-tav v-tzee-va-new l-had-lick ner shel sha-bat ko-desh.
2. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam ah-sheer kee-d-sha-new b-mitz-vo-tav v-tzee-va-new l-had-lick ner shel yom ha-zee-kah-ron.
3. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam ah-sheer kee-d-sha new b-mitz-vo-tav vtzee-va-new l-had-lick ner shel sha-bat vshel yom ha-kee-purim.
4. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam ah-sheer kee-d-sha-new b-mitz-vo-tav v-tzee-va-new l-had-lick ner shel yom tov.
5. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam ah-sheer kee-d-sha-new b-mitz-vo-tav v-tzee-va-new l-had-lick ner shel sha-bat vshel yom tov.
6. Ba-ruch a-tah ah-doe-noy eh-low-hey-new meh-lech ha-olam sheh-heh-cheh-ya-new v-key-y-ma-new v-hee-gee-ah-new lee-z-mahn ha-zeh.

### Blessing Translation:

*Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the holy Shabbat (and/or) Yom Tov.*

DATE	FESTIVAL	BLESSING
Every Friday eve	Shabbat	No. 1
Oct. 2, 2024	First Eve of Rosh Hashana	No. 2 and 6
Oct. 3, 2024	2nd Eve of Rosh Hashana	No. 2 and 6
Oct. 11, 2024	Eve of Yom Kippur	No. 3 and 6
Oct. 16, 2024	First Eve of Sukkot	No. 4 and 6
Oct. 17, 2024	Second Eve of Sukkot	No. 4 and 6
Oct. 23, 2024	Eve of Shmini Atzeret	No. 4 and 6
Oct. 24, 2024	Eve of Simchat Torah	No. 4 and 6
April 12, 2025	First Seder Night	No. 4 and 6
April 13, 2025	Second Seder Night	No. 4 and 6
April 18, 2025	Seventh Eve of Pesach	No. 5
April 19, 2025	Eighth Eve of Pesach	No. 4
June 1, 2025	First Eve of Shavuot	No. 4 and 6
June 2, 2025	Second Eve of Shavuot	No. 4 and 6

- Shabbat candles on Friday evenings may only be lit (anytime) before sunset.
- Being that it is forbidden to light candles after sunset, if one missed the time, one just doesn't light that week.
- When the calendar states "Light Candles After \_\_: \_\_pm" we light after dark only from a pre-existing flame.
- The candle lighting times listed in this calendar are based on sunset times in Rhode Island. Visit [www.chabad.org/candlelighting](http://www.chabad.org/candlelighting) for Shabbat and holiday candle lighting times around the world.

# Purim Hamantaschen Cookie

HAMANTASCHEN ARE EATEN IN REMEMBRANCE of the great hidden miracle of Purim. A *hamantasch* is essentially a cookie whose filling is hidden inside the dough, just as the miracle of Purim was hidden under the guise of nature. Until the destruction of the First Holy Temple, which occurred shortly before the time of Purim, the Jews regularly saw open, supernatural miracles. However, with the destruction began a period that lasts until today, where G-d operates in a behind-the-scenes fashion, and His hand is not so apparent in daily events.

The Purim story was the first time the Jews realized that the absence of overt miracles did not mean that G-d had abandoned them. Instead, they realized that G-d had a new *modus operandi*, as they understood how the Purim miracle was concealed and hidden within nature. Although an observer at the time might have misinterpreted the events as normal and natural political processes, every step of the Purim story was directed by the hand of G-d.

On Purim, G-d used Haman, the very person who desired to destroy G-d's people, to actually bring about their salvation. Haman's decree to annihilate the Jews caused a massive *teshuvah* movement and recommitment to the Torah, culminating in the hanging of Haman on the same gallows he had built to execute Mordechai. We eat *hamantaschen* on Purim, a sweet cookie named after the bitter Haman, to symbolize the *v'nahafoch hu* — the “turnabout” — of how Haman and his evil actions turned into the source of sweetness and nourishment for Jewish survival.

To read more, visit: [www.chabad.org/1764215](http://www.chabad.org/1764215)



S. BOSSERT

## Hamantaschen

### INGREDIENTS

- 1/3 cup margarine or Earth Balance
- 1/3 cup oil
- 1 cup sugar
- 3 large eggs
- 1/3 cup orange juice
- 4 cups flour
- 3 tsp. baking powder
- 1 tsp. salt

### DIRECTIONS

- ▶ Preheat oven to 350°.
- ▶ Beat margarine with an electric mixer until creamy. Gradually add sugar, beating well. Add egg, orange juice.
- ▶ Combine flour, baking powder and salt. Add to margarine mixture and stir into dough.
- ▶ Shape dough into a flat disk and cover in plastic wrap and refrigerate at least 15 minutes.
- ▶ Roll out dough on a lightly floured surface to 1/8-inch thickness. Cut out 3-inch circles with cookie cutter or drinking glass. Place 1/2 tsp. filling of your choice. Shape into triangle. Place on cookie sheet.
- ▶ Bake for 20 minutes or less (depending on oven).



# March 2025 ♦ Adar/Nissan 5785

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<p><b>2</b> ב' אדר 2 ADAR</p> <p>In Memory of Fruma Dara Efreom</p>	<p><b>3</b> ג' אדר 3 ADAR</p> <p>Happy Birthday Liam Forman Vidaver Happy Birthday Akiva Eliezer Wilson</p>	<p><b>4</b> ד' אדר 4 ADAR</p> <p>Happy Birthday Hannah Coken In Memory of Julie Ann Charren</p>	<p><b>5</b> ה' אדר 5 ADAR</p> <p>In Memory of Mordechai Ben Baruch Avrohom &amp; Philip Torrisi</p>	<p><b>6</b> ו' אדר 6 ADAR</p>	<p><b>7</b> ז' אדר 7 ADAR</p> <p>In Memory of Benjamin Gilstein LIGHT CANDLES AT: 5:23 PM</p>	<p><b>8</b> ח' אדר 8 ADAR</p> <p>Tetzaveh Parshat Zakhor</p> <p>In Memory of Mathew A. Strumor SHABBAT ENDS: 6:26 PM</p>																																										
<p><b>9</b> ט' אדר 9 ADAR</p> <p>Daylight Savings Time Starts</p>	<p><b>10</b> י' אדר 10 ADAR</p> <p>In Memory of Belle Eisenberg, Helmut Waszkis, &amp; Rita Eisman</p>	<p><b>11</b> י"א אדר 11 ADAR</p> <p>In Memory of Molly Garber</p>	<p><b>12</b> י"ב אדר 12 ADAR</p>	<p><b>13</b> י"ג אדר 13 ADAR</p> <p>Fast of Esther</p> <p>In Memory of Arnold H Zaner &amp; Sandra E. Bellin FAST BEGINS: 5:33AM FAST ENDS: 7:19PM</p>	<p><b>14</b> י"ד אדר 14 ADAR</p> <p>Purim</p> <p>In Memory of Benjamin David Brown LIGHT CANDLES AT: 6:31 PM</p>	<p><b>15</b> ט"ו אדר 15 ADAR</p> <p>Ki Tisa Shushan Purim</p> <p>SHABBAT ENDS: 7:34 PM</p>																																										
<p><b>16</b> ט"ז אדר 16 ADAR</p> <p>Purim Meshulash</p> <p>Happy Birthday Maya Sylvie Adler Albaum</p>	<p><b>17</b> י"ז אדר 17 ADAR</p> <p>Happy Birthday Leo Albert Roberts In Memory of Morris Marcus</p>	<p><b>18</b> י"ח אדר 18 ADAR</p> <p>In Memory of Aryeh Leib Cohen In Memory of Milly Silverstein</p>	<p><b>19</b> י"ט אדר 19 ADAR</p> <p>Happy Anniversary Ethan &amp; Lorrie Adler</p>	<p><b>20</b> כ' אדר 20 ADAR</p> <p>Happy Birthday Yosef Zalman Schoen</p>	<p><b>21</b> כ"א אדר 21 ADAR</p> <p>LIGHT CANDLES AT: 6:39 PM</p>	<p><b>22</b> כ"ב אדר 22 ADAR</p> <p>Vayak'hel Parshat Parah</p> <p>Happy Birthday Michael Bharier SHABBAT ENDS: 7:42 PM</p>																																										
<p><b>23</b> כ"ג אדר 23 ADAR</p> <p>In memory of Sydney Klevatt Happy Birthday Alex Stuart</p>	<p><b>24</b> כ"ד אדר 24 ADAR</p> <p>In Memory of Helen Forman</p>	<p><b>25</b> כ"ה אדר 25 ADAR</p>	<p><b>26</b> כ"ו אדר 26 ADAR</p> <p>In Memory of Morris J Levin</p>	<p><b>27</b> כ"ז אדר 27 ADAR</p>	<p><b>28</b> כ"ח אדר 28 ADAR</p> <p>Happy Anniversary Jodi &amp; Jeffrey Gladstone In Memory of Clara Olinsky LIGHT CANDLES AT: 6:47 PM</p>	<p><b>29</b> כ"ט אדר 29 ADAR</p> <p>Pekudei Parshat Hachodesh</p> <p>SHABBAT ENDS: 7:50 PM</p>																																										
<p><b>30</b> א' ניסן 1 NISSAN</p> <p>Rosh Chodesh Nissan In Memory of Jean Miriam Bianchini</p>	<p><b>31</b> ב' ניסן 2 NISSAN</p> <p>Happy Birthday Jonathan Katz</p>	<p>In Memory of Alan Gilstein &amp; Donald Card</p>																																														



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# Matzah

MATZAH IS THE PRIMARY MITZVAH FOOD EATEN at the ritual-rich meal, held after dark on the first two nights of Passover. We eat three ounces of Matzah during the Seder meal: Once on its own, once together with maror (bitter herbs), and once again as the *afikoman* (dessert).

Matzah is made of just two ingredients—flour and water—which are quickly mixed together and baked before the dough can rise and become chametz (“leaven”), which is strictly forbidden on Passover. Only matzah that is marked as “kosher for Passover” may be consumed on Passover.

It is especially recommended to use handmade, round Shmurah Matzah during the Seder nights. Shmurah matzahs are made under strict supervision to avoid any possibility of leavening during the harvesting, storage and baking processes. This intensive operation and careful guarding gives the shmurah matzah an added infusion of faith and healing. In fact, as the shmurah matzah is being made, all those involved constantly repeat, “L’shem matzot mitzvah”—“We are doing this for the sake of the mitzvah of matzah.”

The matzah recalls how, when our ancestors left Egyptian slavery, they were in such a hurry that there was no time to allow their dough to rise. Matzah is also called the Bread of Affliction, because it reminds us that things are not how they’re supposed to be. There are people out there that are hungry. There are Jews who don’t even know they’re supposed to have a Seder. We’re still slaves—to the world, to its darkness and hatred, and to our own egos.

The matzah speaks to us and says, “You began this long journey on this night more than 3,300 years ago. Tonight, you have the power to finish it off. Become one with your people, with your people’s destiny, with our Torah, with our G-d. And we will all liberate ourselves, as one.” This will hasten the arrival of Moshiach, so that by next year, we will have long been in Jerusalem.

To read more, visit: [www.chabad.org/Matzah](http://www.chabad.org/Matzah)



## Matzah Ball (Kneidlach) Recipe



### INGREDIENTS

2 eggs slightly beaten  
2 tablespoons oil or chicken fat  
2 tablespoons soup stock or water  
½-cup matzah meal  
1 teaspoon salt

### DIRECTIONS

- ▶ Beat eggs slightly with fork. Add other ingredients, except matzah meal, and mix. Add matzah meal gradually until thick. Stir. Refrigerate for 20 minutes in covered bowl.
- ▶ Wet hands and form into balls. Drop into bubbling chicken soup or into a large wide pot into which 1 quart water seasoned with 1 tablespoon salt has been added and has come to a boil. Cook for 30 minutes. Yields 4 balls per each ¼ cup of matzah meal.

SEE JULY FOR CHICKEN SOUP RECIPE.

# April 2025 Nissan/Iyar 5785

Chabad House of RI 401-273-7238  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																										
 <p>Dr. Keith D. Schoen 500 Main Street, East Greenwich, RI 02818</p> <p>tel: 401.398.7807 email: info@hillandharbourvets.com web: hillandharbourvets.com</p>	<p><b>1</b> ג' ניסן 3 NISSAN</p>	<p><b>2</b> ד' ניסן 4 NISSAN</p> <p>In Memory of Jack Fradin</p>	<p><b>3</b> ה' ניסן 5 NISSAN</p> <p>In Memory of Julius Wishik</p>	<p><b>4</b> ו' ניסן 6 NISSAN</p> <p>Happy Birthday Zachary Finkel In Memory of Paul Cohen</p> <p>LIGHT CANDLES AT: 6:55 PM</p>	<p><b>5</b> ז' ניסן 7 NISSAN</p> <p>Vayikra</p> <p>Happy Birthday Lela June Olinsky In Memory of Lois Lewis</p> <p>SHABBAT ENDS: 7:58 PM</p>																																											
<p><b>6</b> ח' ניסן 8 NISSAN</p> <p>Happy Birthday Matisyahu Beyer Mechanic Happy Anniversary Sharon &amp; Kenneth Garber</p>	<p><b>7</b> ט' ניסן 9 NISSAN</p> <p>In Memory of Eileen Winkler</p>	<p><b>8</b> י' ניסן 10 NISSAN</p> <p>In Memory of Helen Mendelson &amp; Ethel Sackin</p>	<p><b>9</b> י"א ניסן 11 NISSAN</p> <p>Yud Aleph Nissan The Rebbe's Birthday</p> <p>Happy Birthday Amelia Grace Saltzman In Memory of Abby Maizel</p>	<p><b>10</b> י"ב ניסן 12 NISSAN</p> <p>In Memory of Lois Pazienna</p>	<p><b>11</b> י"ג ניסן 13 NISSAN</p> <p>Happy Birthday Alyson Silvia In Memory of Benjamin Weinberg</p> <p>LIGHT CANDLES AT: 7:02 PM</p>	<p><b>12</b> י"ד ניסן 14 NISSAN</p> <p>Shabbat HaGadol First Seder Night Tzav</p> <p>In Memory of Janet Selinker Colvin</p> <p>PASSOVER DIET BEGINS: 10:30 AM LIGHT HOLIDAY CANDLES AFTER: 8:07 PM</p>																																										
<p><b>13</b> ט"ו ניסן 15 NISSAN</p> <p>Pesach 1</p> <p>In Memory of Ann Weinberg &amp; Marilyn Morse</p> <p>EVE OF 2ND DAY PASSOVER, LIGHT HOLIDAY CANDLES AFTER: 8:08 PM</p>	<p><b>14</b> ט"ז ניסן 16 NISSAN</p> <p>Omer 1 Pesach 2</p> <p>HOLIDAY ENDS: 8:09 PM</p>	<p><b>15</b> י"ז ניסן 17 NISSAN</p> <p>Omer 2 Pesach 3 Chol Hamoed</p> <p>Happy Birthday Sue Happy Birthday Cameron Adessi In Memory of Saul Olinsky</p>	<p><b>16</b> י"ח ניסן 18 NISSAN</p> <p>Omer 3 Pesach 4 Chol Hamoed</p> <p>In Memory of Burton E. Reffkin</p>	<p><b>17</b> י"ט ניסן 19 NISSAN</p> <p>Omer 4 Pesach 5 Chol Hamoed</p>	<p><b>18</b> כ' ניסן 20 NISSAN</p> <p>Omer 5 Pesach 6 Chol Hamoed</p> <p>In Memory of Libby Stein</p> <p>LIGHT SHABBAT/ HOLIDAY CANDLES AT: 7:10 PM</p>	<p><b>19</b> כ"א ניסן 21 NISSAN</p> <p>Omer 6 Pesach 7</p> <p>LIGHT HOLIDAY CANDLES AFTER: 8:15 PM</p>																																										
<p><b>20</b> כ"ב ניסן 22 NISSAN</p> <p>Omer 7 Pesach 8 Yizkor</p> <p>In Memory of Yuri Shindelman</p> <p>HOLIDAY ENDS: 8:16 PM</p>	<p><b>21</b> כ"ג ניסן 23 NISSAN</p> <p>Omer 8</p> <p>Happy Birthday Scott Lubin</p>	<p><b>22</b> כ"ד ניסן 24 NISSAN</p> <p>Omer 9</p> <p>Happy Birthday Wendy Jessica Rose</p>	<p><b>23</b> כ"ה ניסן 25 NISSAN</p> <p>Omer 10</p> <p>In Memory of Paul H. Bazar</p>	<p><b>24</b> כ"ו ניסן 26 NISSAN</p> <p>Omer 11</p>	<p><b>25</b> כ"ז ניסן 27 NISSAN</p> <p>Omer 12</p> <p>Happy Birthday Moshe Reuven Wilson &amp; Nancy Scheraga</p> <p>LIGHT CANDLES AT: 7:18 PM</p>	<p><b>26</b> כ"ח ניסן 28 NISSAN</p> <p>Omer 13 Shemini</p> <p>Happy Birthday Benyamin Natan Tzvi Schoen In Memory of Esther Zaner &amp; Irving Glick</p> <p>SHABBAT ENDS: 8:24 PM</p>																																										
<p><b>27</b> כ"ט ניסן 29 NISSAN</p> <p>Omer 14</p> <p>Happy Birthday Bracha Stuart In Memory of Maria-Doria Belovitch &amp; Rose Mendelson</p>	<p><b>28</b> ל' ניסן 30 NISSAN</p> <p>Omer 15 Rosh Chodesh Iyar</p> <p>Happy Birthday Paul Gerstenbluth In Memory of Sarah Zenofsky</p>	<p><b>29</b> א' אייר 1 IYAR</p> <p>Omer 16 Rosh Chodesh Iyar</p>	<p><b>30</b> ב' אייר 2 IYAR</p> <p>Omer 17</p>			<p><b>MAY 2025</b></p> <table border="1"> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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# Meat

***When the L-rd your G-d shall broaden your borders, as He has promised you, and you will say, “I shall eat meat,” for your soul shall desire to eat meat—you may eat meat to your soul’s desire.*** – DEUTERONOMY 12:20

THERE ARE THOSE WHO CONTEST THE MORALITY OF EATING MEAT. What gives us the right to consume another creature’s flesh? But the same can be said of our consumption of vegetable life, water or oxygen. What gives us the right to devour any of G-d’s creations simply to perpetuate our own existence?

Indeed, there is no such natural right. When we live only to sustain and enhance our own being, there is no justification for us to tamper with any other existence to achieve this goal. As a great chassidic master put it, “When a person walks along without a thought of G-d in his head, the very ground under his feet cries out: Boor! What makes you any better than me? By what rights do you step on me?”

We do have the right to consume other creatures only because, and when, we serve as the agent of their elevation.

When we drink water, eat an apple, or consume Kosher meat, these are converted into energy that drives our body. And when we perform a G-dly deed that transcends our natural self, bringing us closer to G-d, we elevate the elements we have incorporated into ourselves, reuniting the sparks of G-dliness they embody with their source.

Therein lies the deeper significance of the verse quoted above, “your soul shall desire to eat meat.” You may express a desire for a certain food and be aware only of your body’s craving for the physical satisfaction it brings; in truth, however, this is the result of your **soul’s** quest for the sparks of G-dliness in that food, which your soul has been sent to earth to redeem and elevate..

To read more, visit: [www.chabad.org/Kosher](http://www.chabad.org/Kosher)  
or [www.chabad.org/2941](http://www.chabad.org/2941)



## Meatballs Recipe\*

### INGREDIENTS

- 1 lb ground beef
- ¼ cup matzo meal  
or breadcrumbs
- 15 oz can tomato sauce
- 1 onion, grated
- 1 carrot, grated
- 1 large egg
- 2 tablespoons sugar
- 1 tsp salt
- ½ tsp pepper

### DIRECTIONS

#### Option 1

- Put layer of sauce in a 9×13 tray.
- Place meatballs and add another layer of sauce.
- Cover and bake at 350° for 1½–2 hours.
- Add water if needed.

#### Option 2

- Boil 8–10 cups water, add sauce, and add meatballs.
- Cook on low flame for 1½–2 hours.

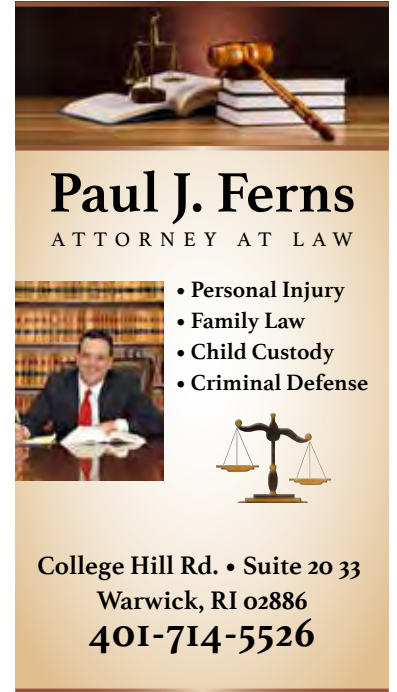


\*Courtesy of Rebbitzin Michla Laufer

# May 2025 • Iyar/Sivan 5785

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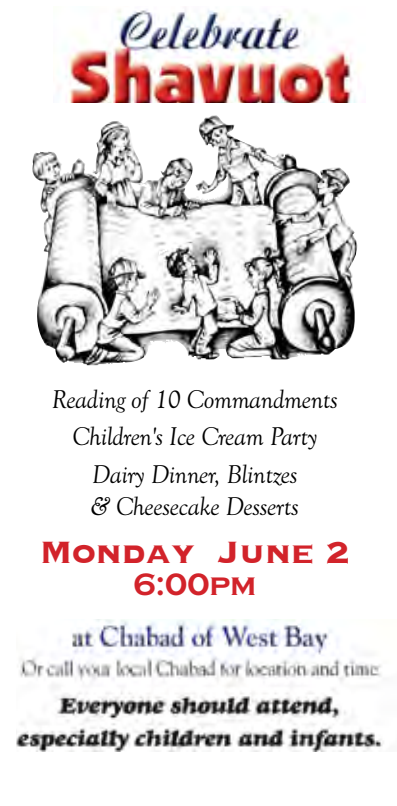
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<b>APRIL 2025</b> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					 <p><b>MARC B. GERTSACOV, ESQ.</b>                  REAL ESTATE • CORPORATE • SIMPLE ESTATE PLANNING</p> <p>469 Angell St, Suite 202                  Providence, RI 02906                  401-952-0856</p> <p>marc@mglawri.com                  www.mglawri.com</p>	<b>1</b> ג' אייר 3 IYAR Omer 18  In Memory of Edward Feder	<b>2</b> ד' אייר 4 IYAR Omer 19  Happy Birthday Ezra Shalom Gladstone In Memory of Michael D. Pearlman LIGHT CANDLES AT: 7:25 PM	<b>3</b> ה' אייר 5 IYAR Omer 20 Tazria-Metzora  SHABBAT ENDS: 8:32 PM
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<b>4</b> ו' אייר 6 IYAR Omer 21  In Memory of Miriam Bharier & Frances Nager	<b>5</b> ז' אייר 7 IYAR Omer 22  Happy Birthday Naomi Sara Gladstone Happy Birthday Jennifer Hope Adler	<b>6</b> ח' אייר 8 IYAR Omer 23  In Memory of Samuel Klevatt & Samuil Fishman	<b>7</b> ט' אייר 9 IYAR Omer 24  In Memory of Julia Gladstone, Robert Moyerman, Saul Falcofsky, & Morton Coken Yahrzeit of Judith Mandelbaum	<b>8</b> י' אייר 10 IYAR Omer 25  Happy Anniversary Paul & Yael Lieber In Memory of Sandick Chernov	<b>9</b> י"א אייר 11 IYAR Omer 26  LIGHT CANDLES AT: 7:33 PM	<b>10</b> י"ב אייר 12 IYAR Omer 27 Acharei-Kedoshim  SHABBAT ENDS: 8:41 PM																																									
<b>11</b> י"ג אייר 13 IYAR Omer 28 Mother's Day	<b>12</b> י"ד אייר 14 IYAR Omer 29 Pesach Sheni  In Memory of Michael Belovitch	<b>13</b> ט"ו אייר 15 IYAR Omer 30	<b>14</b> ט"ז אייר 16 IYAR Omer 31  In Memory of Simon Aron, Alvin Biener, & Alan D. Horowitz	<b>15</b> י"ז אייר 17 IYAR Omer 32  Happy Birthday Dovid Moshe Shimon Schoen	<b>16</b> י"ח אייר 18 IYAR Omer 33 Lag B'Omer  In Memory of Rebecca Tapper LIGHT CANDLES AT: 7:40 PM	<b>17</b> י"ט אייר 19 IYAR Omer 34 Emor  SHABBAT ENDS: 8:49 PM																																									
<b>18</b> כ' אייר 20 IYAR Omer 35	<b>19</b> כ"א אייר 21 IYAR Omer 36  Happy Birthday Daniel Nelson	<b>20</b> כ"ב אייר 22 IYAR Omer 37  Happy Birthday Dori Kaye Adler	<b>21</b> כ"ג אייר 23 IYAR Omer 38  In Memory of Betty Alexander	<b>22</b> כ"ד אייר 24 IYAR Omer 39  Happy Birthday Adam Kushins	<b>23</b> כ"ה אייר 25 IYAR Omer 40  In Memory of David Zemel LIGHT CANDLES AT: 7:47 PM	<b>24</b> כ"ו אייר 26 IYAR Omer 41 Behar-Bechukotai  Happy Anniversary Rachel & David Scheraga SHABBAT ENDS: 8:57 PM																																									
<b>25</b> כ"ז אייר 27 IYAR Omer 42  Happy Birthday Lauren Knasin Happy Anniversary Sidney J. & Deann Forman Vidaver	<b>26</b> כ"ח אייר 28 IYAR Omer 43 Memorial Day  Happy Birthday Eliana Chana Mechanic Happy Anniversary Marc & Susan Gertsacov In Memory of Edwin Greenfield	<b>27</b> כ"ט אייר 29 IYAR Omer 44  In Memory of Jason Golditch & Leo Blitzer	<b>28</b> א' סיון 1 SIVAN Omer 45 Rosh Chodesh Sivan  Yahrzeit of Freda Werber	<b>29</b> ב' סיון 2 SIVAN Omer 46  In Memory of Gayle Kramer & Miriam Snell	<b>30</b> ג' סיון 3 SIVAN Omer 47  In Memory of Melvin Goldstein, Rebecca Jacobson, & Myer Grossman LIGHT CANDLES AT: 7:53 PM	<b>31</b> ד' סיון 4 SIVAN Omer 48 Bamidbar  Happy Anniversary Wendy & Joel Spellun SHABBAT ENDS: 9:04 PM																																									



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**Celebrate Shavuot**

Reading of 10 Commandments  
 Children's Ice Cream Party  
 Dairy Dinner, Blintzes & Cheesecake Desserts

**MONDAY JUNE 2 6:00PM**  
 at Chabad of West Bay  
 Or call your local Chabad for location and time.  
**Everyone should attend, especially children and infants.**

# Why Cheesecake on Shavuot?

- 1 The festival of Shavuot celebrates the giving of the Torah.** Upon receiving the Torah the Jewish People realized that their pots and slaughtering knives were not kosher, and so the people had to eat foods not requiring slaughtering (i.e. milk products).
- 2 Each letter in Hebrew has a numerical value.** The letters in the Hebrew word for milk, “*chalav*”, equal 40, the same as the number of days Moses spent alone on Mount Sinai with G-d receiving the Torah.
- 3 One of the Noachide laws (which apply to all mankind)** is the prohibition of *eiver min hachai* — eating a limb of a live animal. Before the Torah was given, milk might have been forbidden because it was considered “*eiver min hachai*” — eating off a live animal. After the Torah was given we were taught that the prohibition only applies to meat from a live animal and not milk. To emphasize this, we eat dairy foods on Shavuot. .
- 4 Shavuot follows the holiday of Passover.** Metaphorically the nation of Israel was born on Passover. And Shavuot celebrates G-d giving us his nourishment, similar to a mother giving milk to her newborn child.

May our eating dairy foods on Shavuot correspond to our receiving the sweet, nourishing words of Torah in a manner that fulfills the verse, “Honey and milk are under your tongue.” (*Song of Songs 4:11*)

To read more, visit: [www.chabad.org/7Laws](http://www.chabad.org/7Laws)

[www.chabad.org/Shavuot](http://www.chabad.org/Shavuot)



## Cheesecake Recipe



### INGREDIENTS

3 blocks 8-oz cream  
cheese  
1 cup sugar  
5 eggs  
1 tsp vanilla

### OPTIONAL

2 oz melted chocolate


### DIRECTIONS

- Whip cheese together with sugar.
- Add eggs one by one.
- Add vanilla.
- Pour mixture into pie crust or pan leaving a cup of mixture to mix with the chocolate.
- Pour chocolate mixture on top and zigzag.
- Bake at 350° for 1 hour.



# June 2025 ♦ Sivan/Tammuz 5785

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> ה' סיון 5 SIVAN Omer 49 Erev Shavuot  <small>LIGHT HOLIDAY CANDLES AT: 7:54 PM</small>	<b>2</b> ו' סיון 6 SIVAN Shavuot 1  <small>LIGHT HOLIDAY CANDLES AFTER: 9:06 PM</small>	<b>3</b> ז' סיון 7 SIVAN Shavuot 2 Yizkor  <small>HOLIDAY ENDS: 9:07 PM</small>	<b>4</b> ח' סיון 8 SIVAN Happy Birthday Yashe Lieba Reinitz, Heather Cavallone, & Aharon Yosef Wilson In Memory of Leonard Schoenberg	<b>5</b> ט' סיון 9 SIVAN In Memory of Leonard Klehr	<b>6</b> י' סיון 10 SIVAN  <small>LIGHT CANDLES AT: 7:58 PM</small>	<b>7</b> י"א סיון 11 SIVAN Naso  <small>SHABBAT ENDS: 9:10 PM</small>
<b>8</b> י"ב סיון 12 SIVAN Happy Birthday Rosalind Coken Happy Birthday Samuel Joseph Johnson	<b>9</b> י"ג סיון 13 SIVAN Happy Anniversary Paul & Maxine In Memory of Avrohom Moshe Schneider	<b>10</b> י"ד סיון 14 SIVAN In Memory of Carl Perelman	<b>11</b> ט"ו סיון 15 SIVAN In Memory of Jennie Falcofsky & Rashel Bukhgalter	<b>12</b> ט"ז סיון 16 SIVAN In Memory of Abraham Dinerman	<b>13</b> י"ז סיון 17 SIVAN  <small>LIGHT CANDLES AT: 8:01 PM</small>	<b>14</b> י"ח סיון 18 SIVAN Behaalotecha Happy Anniversary Alexa & Michael Mechanic  <small>SHABBAT ENDS: 9:14 PM</small>
<b>15</b> י"ט סיון 19 SIVAN Father's Day	<b>16</b> כ' סיון 20 SIVAN In Memory of Charles Coken	<b>17</b> כ"א סיון 21 SIVAN Happy Anniversary Heather & Nick Cavallone In Memory of Toby Horowitz & Samuel Blake Steiner	<b>18</b> כ"ב סיון 22 SIVAN	<b>19</b> כ"ג סיון 23 SIVAN Juneteenth In Memory of Isaac Pinsky	<b>20</b> כ"ד סיון 24 SIVAN Happy Birthday Benjamin Bharier  <small>LIGHT CANDLES AT: 8:04 PM</small>	<b>21</b> כ"ה סיון 25 SIVAN Shlach  <small>SHABBAT ENDS: 9:16 PM</small>
<b>22</b> כ"ו סיון 26 SIVAN In Memory of Michael Freedman	<b>23</b> כ"ז סיון 27 SIVAN	<b>24</b> כ"ח סיון 28 SIVAN Yahrzeit of Rabbi Bernard Mandelbaum	<b>25</b> כ"ט סיון 29 SIVAN In Memory of Hilda Dinerman	<b>26</b> ל' סיון 30 SIVAN Rosh Chodesh Tammuz Happy Birthday Benjamin Olinsky In Memory of Albert Feinstein & Sidney Stern	<b>27</b> א' תמוז 1 TAMMUZ Rosh Chodesh Tammuz Happy Birthday Todd Delany  <small>LIGHT CANDLES AT: 8:04 PM</small>	<b>28</b> ב' תמוז 2 TAMMUZ Korach Happy Birthday Bill Wolfmann In Memory of Sydelle Rozbruch  <small>SHABBAT ENDS: 9:16 PM</small>
<b>29</b> ג' תמוז 3 TAMMUZ Gimmel Tammuz In Memory of Helen Brill Talan	<b>30</b> ד' תמוז 4 TAMMUZ Happy Birthday Reuben Olinsky Happy Anniversary Mona & Bill Scheraga	 <h2>THE REBBE</h2> <p><i>With the Rebbe at its helm, Chabad-Lubavitch has rapidly grown to be a worldwide community.</i></p> <p>THE REBBE CARED ABOUT each and every person and charged his followers to be concerned for the physical and spiritual welfare of others, Jew and non-Jew alike. Thirty-one years after the Rebbe's passing, his impact and presence remain stronger than ever. His teachings continue to inspire and guide us, and his insights are as novel and relevant as if they were given today. Each of us is a beneficiary of the Rebbe's inspiration somehow, and his visionary leadership has transformed the Jewish world as we know it today.</p>				

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# Chicken Soup

AH, CHICKEN SOUP, A CLASSIC DISH that is not only comforting but also has special significance in Jewish tradition. In Hebrew, chicken soup is often called “Jewish penicillin” because of its reputation for being a healing and nourishing food.

In terms of Jewish dietary laws, it is important to ensure that the chicken used in the soup is kosher. This means that the chicken must be properly slaughtered and its blood must be drained with salt according to kosher laws. Additionally, any other ingredients used in the soup must also be kosher certified.

In Jewish folklore, chicken soup is often referred to as a remedy for various ailments and is believed to have healing properties. It is a traditional food served to those who are sick or in need of comfort. The warmth and nutrients of the soup are thought to help boost the immune system and promote healing.

Overall, chicken soup holds a special place in Jewish culture and tradition, not only as a delicious and comforting dish, but also as a symbol of nourishment, healing, and care for others.

To read more, visit [www.chabad.org/607774](http://www.chabad.org/607774)



[www.chabad.org/kosher](http://www.chabad.org/kosher)



## Chicken Soup Recipe



### INGREDIENTS

Chicken bones  
(mesh bag recommended)  
2 onions, halved  
4 celery stalks  
5 carrots  
1 parsnip  
1 or 2 zucchinis  
Fresh peeled ginger  
Fresh dill  
3 tbsp. kosher salt


### DIRECTIONS

- Place all ingredients in a pot. (Put the bones in a food-safe mesh bag, if you have.) Leave the vegetables whole (except the onions, which are halved).
- Fill the pot with water, well above the ingredients.
- Bring to a boil, then reduce to a simmer and cook for 1½–2 hours.
- Remove bones. Serve the soup with whichever vegetables you like.

# July 2025 ♦ Tammuz/Av 5785

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<b>JUNE 2025</b> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<b>1</b> ה' תמוז 5 TAMMUZ  Happy Birthday Beverly Mann-Paris & Lisa Panas	<b>2</b> ו' תמוז 6 TAMMUZ  Happy Birthday Erin Faye Grossman	<b>3</b> ז' תמוז 7 TAMMUZ  In Memory of Bernard Schneider	<b>4</b> ח' תמוז 8 TAMMUZ  Independence Day  In Memory of William Lewis Yahrzeit of Murray Werber  LIGHT CANDLES AT: 8:03 PM	<b>5</b> ט' תמוז 9 TAMMUZ  Chukat  Happy Birthday Yonatan Yeshaya Schoen & Evan Saltzman  SHABBAT ENDS: 9:14 PM							
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<b>13</b> י"ז תמוז 17 TAMMUZ  Fast of 17 Tammuz  In Memory of Ronald Cohen & Raymond Paris  FAST BEGINS: 3:28AM FAST ENDS: 8:53PM	<b>14</b> י"ח תמוז 18 TAMMUZ  In Memory of Herbert Talan	<b>15</b> י"ט תמוז 19 TAMMUZ  In Memory of Sol Cohen	<b>16</b> כ' תמוז 20 TAMMUZ  Happy Anniversary Michael & Vicky Bharier	<b>17</b> כ"א תמוז 21 TAMMUZ  In Memory of Norman Brill & Rae Schneider	<b>18</b> כ"ב תמוז 22 TAMMUZ  Happy Birthday Brayden Riley Adler Maranhao In Memory of Ruth Friedman  LIGHT CANDLES AT: 7:56 PM	<b>19</b> כ"ג תמוז 23 TAMMUZ  Pinchas  In Memory of Roslyn Gabrilowitz  SHABBAT ENDS: 9:05 PM																																																	
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<b>27</b> ב' אב 2 AV  In Memory of Cheryl Lee Brill	<b>28</b> ג' אב 3 AV  Happy Birthday Jodi Gladstone In Memory of Sylvia Schoenberg & Zelda Feldman	<b>29</b> ד' אב 4 AV  Happy Birthday Nick Cavallone	<b>30</b> ה' אב 5 AV  Happy Birthday Nathaniel Forman Vidaver In Memory of Howie Stern, Paul Tobias, & Marsha D. Kirshenbaum	<b>31</b> ו' אב 6 AV  Happy Birthday Noam Nathaniel Forman Vidaver In Memory of Howie Stern, Paul Tobias, & Marsha D. Kirshenbaum	Donate Your Car to Chabad Center   For a Mitzvah and a TAX DEDUCTION	<b>AUGUST 2025</b> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
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**IN MEMORY OF**  
**MARSHA D. KIRSHENBAUM**

**BY**  
**HER HUSBAND**  
**ALLEN KIRSHENBAUM**

**HER CHILDREN**  
**EVAN, ELANA,**  
**AND LOREN**

**HER GRANDCHILDREN**  
**NATE, SARAH,**  
**LUCY, EDEN,**  
**AND NADIYA**



# Eat, Drink, and...

***“And you will eat and be sated, and you shall bless the Lord, your G-d, for the good land He has given you.”*** (DEUTERONOMY 8:10).

AFTER WE’VE EATEN AND ARE NO LONGER HUNGRY, our inclination may be to run on to the next thing without giving a second thought to the meal we just finished. However, the seemingly mundane act of eating is an incredible testament to G-d’s kindness; we are only able to satisfy our hunger because G-d designed a world which provides us with nourishing food. Saying Grace forces us to take a few minutes after every meal to recognize this, and show our appreciation for G-d’s blessings and care.

Grace After Meals is also about being humble. After feasting on a good meal, we feel full and satisfied. This contentment can easily cause us to become overly confident in our place in the world, and to pompously presume that our food, along with our other gifts, come to us due solely to our own efforts in this world. When we are most at risk of forgetting G-d’s dominion over us, saying Grace After Meals reminds us of this important and fundamental religious principle.

**The main blessing for after a Meal:** (composed by Moses)

*Blessed are You, L-rd our G-d, King of the universe, Who, in His goodness, provides sustenance for the entire world with grace, with kindness, and with mercy. He gives food to all flesh, for His kindness is everlasting. Through His great goodness to us continuously, we do not lack [food], and may we never lack food, for the sake of His great Name. For He, benevolent G-d, provides nourishment and sustenance for all, does good to all, and prepares food for all His creatures whom He has created, as it is said: You open Your hand and satisfy the desire of every living thing. Blessed are You, L-rd, Who provides food for all.*

There are also blessings to be said upon seeing natural phenomena, smelling pleasant aromas, or even hearing good news. Saying blessings ensures that every meal is a sacred encounter and every experience is an act of gratitude.

To read more, visit: [www.chabad.org/90257](http://www.chabad.org/90257)



## Yerushalmi Kugel Recipe

### INGREDIENTS

4½ cups water  
½ cup (1 stick) margarine  
or oil  
1 cup sugar  
1 Tbsp ground black pepper  
2 tsp salt  
12 oz fine noodles,  
uncooked  
2 eggs  
4 Tbsp dark  
brown sugar

### DIRECTIONS

- In a pot, bring the water, margarine, sugar, pepper, and salt to a boil.
- Turn off the heat. Add the noodles. Stir. Cover the pot and let it stand for about 30 minutes.
- In a bowl, mix the eggs and brown sugar.
- Add egg mixture to the noodle mixture.
- Pour into a 9x13 tray.
- Bake at 350° for 1 hour covered and then uncover for 10 more minutes.

**Yield: 10 servings**

# August 2025 ♦ Av/Elul 5785

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 <p><i>Mezuzah:</i>                      Don't leave a home without it!                      Call us for a Kosher Mezuzah Scroll.</p>	<p><b>Max Dwares Memorial Camp Fund</b></p>  <p>Please support Camp Gan Israel by making a donation to the Max Dwares Memorial Camp Fund. Your act will help continue Max's legacy of good deeds.  <i>Barbara and Kevin Dwares</i>  <a href="http://www.riJewishKids.com/MaxDwares">www.riJewishKids.com/MaxDwares</a>                      Max passed away on 18 Feb 2004 at the age of 20</p>		<p><b>1</b> ז' אב 7 AV</p> <p>In Memory of Edward O. Adler</p> <p>LIGHT CANDLES AT: 7:43 PM</p>	<p><b>2</b> ח' אב 8 AV</p> <p>Erev Tisha B'Av Devarim</p> <p>Happy Anniversary Dr. Richard &amp; Roslyn Glick                      +In Memory of Sheldon Abrams &amp; Michael Kodaj</p> <p>FAST BEGINS: 8:02PM                      SHABBAT ENDS: 8:49 PM</p>	<p><b>3</b> ט' אב 9 AV</p> <p>Tisha B'Av</p> <p>FAST ENDS: 8:32PM</p>	<p><b>4</b> י' אב 10 AV</p>	<p><b>5</b> י"א אב 11 AV</p> <p>Happy Birthday Elisheva Bracha Mendelowitz</p>	<p><b>6</b> י"ב אב 12 AV</p>	<p><b>7</b> י"ג אב 13 AV</p>	<p><b>8</b> י"ד אב 14 AV</p> <p>LIGHT CANDLES AT: 7:35 PM</p>	<p><b>9</b> ט"ו אב 15 AV</p> <p>Tu B'Av Shabbat Nachamu Va'etchanan</p> <p>In Memory of David M. Feldman</p> <p>SHABBAT ENDS: 8:39 PM</p>	<p><b>10</b> ט"ז אב 16 AV</p> <p>Happy Birthday Jerome Asher Lieber</p>	<p><b>11</b> י"ז אב 17 AV</p> <p>In Memory of Abraham Buddy Friedman</p>	<p><b>12</b> י"ח אב 18 AV</p> <p>Happy Birthday Melissa Wolfmann                      In Memory of Beverly Feldman</p>	<p><b>13</b> י"ט אב 19 AV</p> <p>In Memory of Norton Salk &amp; Fannie Levin</p>	<p><b>14</b> כ' אב 20 AV</p> <p>Happy Birthday Ethan Scheraga                      In Memory of Irving Eisman</p> <p>LIGHT CANDLES AT: 7:25 PM</p>	<p><b>15</b> כ"א אב 21 AV</p> <p>Happy Birthday Sarah Bharier                      In Memory of Myra Alexander</p> <p>LIGHT CANDLES AT: 7:25 PM</p>	<p><b>16</b> כ"ב אב 22 AV</p> <p>Eikev</p> <p>Happy Anniversary Ruth &amp; Seth Feder</p> <p>SHABBAT ENDS: 8:28 PM</p>	<p><b>17</b> כ"ג אב 23 AV</p> <p>In Memory of Stella Glassman</p>	<p><b>18</b> כ"ד אב 24 AV</p> <p>In Memory of Naum Lakhovsky</p>	<p><b>19</b> כ"ה אב 25 AV</p>	<p><b>20</b> כ"ו אב 26 AV</p> <p>In Memory of Edward Greenberg</p>	<p><b>21</b> כ"ז אב 27 AV</p> <p>Happy Birthday Ruth Cohen</p> <p>LIGHT CANDLES AT: 7:15 PM</p>	<p><b>22</b> כ"ח אב 28 AV</p> <p>LIGHT CANDLES AT: 7:15 PM</p>	<p><b>23</b> כ"ט אב 29 AV</p> <p>Re'eh</p> <p>SHABBAT ENDS: 8:17 PM</p>	<p><b>24</b> ל' אב 30 AV</p> <p>Rosh Chodesh Elul                      Happy Birthday Joshua Morton</p>	<p><b>25</b> א' אלול 1 ELUL</p> <p>Rosh Chodesh Elul</p>	<p><b>26</b> ב' אלול 2 ELUL</p>	<p><b>27</b> ג' אלול 3 ELUL</p> <p>Happy Birthday Baruch Yaakov Mendelowitz                      In Memory of George Alexander</p>	<p><b>28</b> ד' אלול 4 ELUL</p> <p>In Memory of Joseph Altman</p>	<p><b>29</b> ה' אלול 5 ELUL</p> <p>Happy Birthday Sidney Vidaver                      In Memory of Efim Bukhgalter &amp; Estelle Saltzman</p> <p>LIGHT CANDLES AT: 7:03 PM</p>	<p><b>30</b> ו' אלול 6 ELUL</p> <p>Shoftim</p> <p>In Memory of Abraham Tobias</p> <p>SHABBAT ENDS: 8:05 PM</p>	<p><b>31</b> ז' אלול 7 ELUL</p> <p>Happy Birthday Alexa Gladstone Mechanic</p>	<p>In Memory of Harriet Greenfield</p>



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# Nosh on This: Kosher Food Nourishes the Body and Soul

FOOD IS A BIG DEAL IN OUR LIVES. Its effect on our physical and emotional health is tremendous. Hence the saying: “You are what you eat.” Just ask the nutritionist who helps a child cut back on their sugar intake and sees amazing results in behavior.

So too does food have an effect on our spiritual health. We all have a holy soul, a Divine spark bequeathed to us by G-d at birth. But the soul is in a physical body, living in a mundane world, which by very definition masks the G-dliness in creation.

How fine-tuned the soul will be to its inherent connection to G-d will very much depend on its sensitivity to holiness. There are many ways to nurture and develop that sensitivity. Kosher food is a biggie.

However, the impact that eating kosher food has on our spiritual health is not the sole reason behind the mitzvah. But it is a true benefit and has a very powerful effect.

Remember: It’s not an all-or-nothing proposition. It can be taken one step at a time, letting the process evolve.

To read more, visit: [www.chabad.org/113425](http://www.chabad.org/113425)



LORI SURDUT WEINBERG • [www.LoriWeinberg.com](http://www.LoriWeinberg.com)

## Israeli Hummus Recipe

### INGREDIENTS

- 2 15-oz cans chickpeas
- 3 cloves garlic
- ½ cup tahini
- Juice of 1–2 lemons
- 1½ Tbsp. soy sauce
- 1½ tsp. sea salt
- 1½ tsp. cumin
- ½ tsp pepper
- ⅓ cup extra virgin olive oil
- ¼ cup cold water

### DIRECTIONS

- Place all ingredients into food processor except oil and water; process for one minute.
- Drizzle in the olive oil and water, process again.
- Add more water as needed until the hummus has the desired consistency.



# September 2025 ♦ Elul 5785/Tishrei 5786

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<b>7</b> י"ד אלול 14 ELUL  Happy Anniversary Sam & Lillian Mendelowitz In Memory of Bleama Forman	<b>8</b> ט"ו אלול 15 ELUL  Happy Birthday Avi B. Efreom In Memory of Sidney G. Altman	<b>9</b> ט"ז אלול 16 ELUL  In Memory of Rakhil Lakhovsky	<b>10</b> י"ז אלול 17 ELUL  Happy Anniversary Alaina Coken & Karen Lubin	<b>11</b> י"ח אלול 18 ELUL  Chai Elul	<b>12</b> י"ט אלול 19 ELUL  LIGHT CANDLES AT: 6:40 PM	<b>13</b> כ' אלול 20 ELUL  Ki Tavo  SHABBAT ENDS: 7:40 PM																																																	
<b>14</b> כ"א אלול 21 ELUL  Happy Birthday Alaina Coken	<b>15</b> כ"ב אלול 22 ELUL  Happy Anniversary Andrea & Caleb Gladstone In Memory of Stanley Morse	<b>16</b> כ"ג אלול 23 ELUL  Happy Birthday Caleb Gladstone	<b>17</b> כ"ד אלול 24 ELUL  Happy Birthday Cara Cohen In Memory of Hannah Stern	<b>18</b> כ"ה אלול 25 ELUL  In Memory of Sara Cohen Klevatt	<b>19</b> כ"ו אלול 26 ELUL  LIGHT CANDLES AT: 6:28 PM	<b>20</b> כ"ז אלול 27 ELUL  Nitzavim Happy Birthday Chaya Mushka Laufer  SHABBAT ENDS: 7:27 PM																																																	
<b>21</b> כ"ח אלול 28 ELUL  Happy Anniversary Gary and Debra Mann	<b>22</b> כ"ט אלול 29 ELUL  Erev Rosh Hashanah  LIGHT CANDLES AT: 6:22 PM	<b>23</b> א' תשרי 1 TISHREI  Rosh Hashanah 1  In Memory of Wendy Bryna Adler  LIGHT HOLIDAY CANDLES AFTER: 7:22 PM	<b>24</b> ב' תשרי 2 TISHREI  Rosh Hashanah 2  HOLIDAY ENDS: 7:20 PM	<b>25</b> ג' תשרי 3 TISHREI  Fast of Gedalia  FAST BEGINS: 5:09 AM FAST ENDS: 7:05 PM	<b>26</b> ד' תשרי 4 TISHREI  In Memory of Myron T Winoker  LIGHT CANDLES AT: 6:15 PM	<b>27</b> ה' תשרי 5 TISHREI  Vayelech  SHABBAT ENDS: 7:15 PM																																																	
<b>28</b> ו' תשרי 6 TISHREI  In Memory of Barbara Jacobson	<b>29</b> ז' תשרי 7 TISHREI	<b>30</b> ח' תשרי 8 TISHREI	Donate Your Car to Chabad Center    For a Mitzvah and a TAX DEDUCTION																																																				

## JEWISH HOLIDAYS FOR 5786

Holidays begin at sunset on the first date mentioned for each one.

**Rosh Hashanah**  
September 22–24

**Yom Kippur**  
October 1–2

**Succot**  
October 6–13

**Shemini Atzeret & Simchat Torah**  
October 13–15

**Chanukah**  
December 14–22

**Purim**  
March 2–3, 2026

**Passover**  
April 1–9, 2026

**Shavuot**  
May 21–23, 2026

**Tisha B'Av**  
July 22–23, 2026

OCTOBER 2025							
S	M	T	W	T	F	S	
				1	2	3	4
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

NOVEMBER 2025							
S	M	T	W	T	F	S	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

DECEMBER 2025									
S	M	T	W	T	F	S			
				1	2	3	4	5	6
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

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